

MORULAGANYI & MOSUPATSELA WA POELOMAEMONG YA THULAGANYO YA GO RUTA YA NGWAGA (TRN/ATP)

2021 - 2023



PUO YA GAE: SETSWANA

MOPHATO

1

KGWEDITHARO

2

Go thusa barutabana le barutwana go fitlhelela dithuto tse ba saletseng kwa morago ka tsona, go nna bomankge ba diteng tse dintshwa, le go nna le dikgono tsa bokamoso.



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- Ka kopo, itse gore lenaneo le le rulagantsweng la go ithuta la Puo ya Gae Setswana, le akaretsa lenaneothuto la letsatsi lengwe le lengwe, dibukakgolo, matlharetiro a puiso le didiriswa tsa ka mo phaposing di teng, go ka itseelwa mo go: www.nect.org.za
- E ke website e e sa duediseng, ka jalo ga go na ditshenyegelo tsa data go itseela se o tla beng o se tlhoka.
- Lokwalo lo, lo ka dirisiwa ka nosi kwantle ga lenaneo le le rulagantsweng la go ithuta.



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Morulaganyi & Mosupatsela wa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)

Puo ya Gae: Setswana



Mophato 1 Kgweditharo 1



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Matseno

Barutabana ba kgato ya motheo ba ba rategang,

Leroborobo la COVID-19 le re tlogetse ka kgwetlho e tona mo go tsa thuto. Fa re tla bo re boela kwa tirisong e e tlwaelegileng ya dikolo, rotlhe re tshwanetse go dira ka botlhale le ka natla go netefatsa gore tsamaiso ya dithuto e boela mo maemong.

Se, se botlhokwa thata mo kgatong ya motheo kwa bana ba ithutang motheo wa dikgono tsa go buisa le go kwala. Aforika Borwa e go tlhoka gore o dire ka bojotle go tlhomelela barutwana ba gago ka dikgono tse gore ba se ithute fela go buisa, mme kwa bofelong ba kgone go 'ithuta go buisa.'

Lokwalo lo, lo diretswe go go thusa go fitlhelela se. Ka go dira le go latela thulaganyo e, re na le tsholofelo ya gore o ka rarabolola tatlhegelo ya nako ya go ruta le go ithuta mme wa baya barutwana mo maemong a ba tshwanetseng go nna mo go ona.

Re go lebogela go ya pele ka maitlamo, boineelo le bonatla jo bo tlhokegang go tswa mo go wena.

O tota o aga setšhaba sa rona.

Re lo eleletsa kgweditharo e ntle go ya pele,

Setlhophha sa NECT sa Puo ya Gae

Ditlhokego tsa Poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP)

- Go na le dibeke di le 10 mo kgweditharong ya 1 ya poelomaemong ya Thulaganyo ya go Ruta ya Ngwaga (TRN/ATP) ya DBE.
- Dibeke tse 2–3 tsa ntlha tsa mophato 1 ke tsa boineelo jwa lenaneo la ikeetletso go netefatsa gore barutwana botlhe ba siametse go ka simolola dithuto tsa sekolo.
- Dithuto tse dingwe tsa mophato wa R di tshwanetse go akarediwa mo dibekeng tse 3 tsa ntlha go netefatsa gore dirutwa tse di botlhokwa di a tsweliswa.
- Go tshwanetse go nna le tomagano e e tiileng mo gare ga dithuto, segolo mo thutapuong le dikgono tsa botshelo mo dibekeng tse 2–3 tsa ntlha, go netefatsa gore dikgono tsa temogo di a tsweliswa.
- Dibeke tse 7–8 tse di latelang, di arogantswe ka ditsheko tse 3 kgotsa 4 tsa go ithuta.
- Mo tshelong nngwe le nngwe ya beke ya 2, dikarolo tsotlhe tsa go ithuta puo di tshwanetse go diriwa ka tsela e e latelang, go dirisiwa nako e e kwa tlase:

PALOTLASE YA CAPS KABO YA NAKO	MOPHATO 1	MOPHATO 2	MOPHATO 3
Go reetsa & Go bua	45 metsotso	45 metsotso	45 metsotso
Go buisa & Medumopuo	4:30 metsotso	4:30 metsotso	4:30 metsotso
Mokwalo	1 ura	45 metsotso	45 metsotso
Go kwala	45 metsotso	1 ura	1 ura
PALOGOTLHE	7 DIURA	7 DIURA	7 DIURA

Dikgono tsa Puo ya Gae

- Poelomaemong ya TRN ya Puo ya Gae e rulagantswe go bontsha barutabana gore ke dikgono dife tse ba tshwanetseng go di aga mo karolwaneng nngwe le nngwe ya puo.
- Go botlhokwa go ela tlhoko gore dibeke dingwe le dingwe tse pedi, dikgono tse di tshwanetseng go godisiwa di batlile di tshwana go ya ka dikarolwana, ka jalo go na le poeletso go godisa le go kopanya dikgono tse.

Diteng tsa Puo ya Gae

- Barutabana ba tshwanetse go tlhopha thitokgang mo tshelong nngwe le nngwe ya dibeke tse pedi.
- Thitokgang e, e tlhalosa diteng tsa tsheko eo.
- Ka sekai, fa morutabana a tlhopha thitokgang '**Rotlhe re ya sekolong**', go raya gore diteng tsotlhe di tshwanetse go amana le thitokgang go akaretsa tse di latelang:
 - Tlotlofoko** e e rutilweng, sekai: **buisa, golagana, farologanya, ithuta, China, mophato wa ntlha**, jalojalo.
 - Diraeme kgotsa dipina** tse di rutilweng, sekai: **Ke rata go buisa le go kwala**
 - Kgang ya **puisokopanelo** e e buisitsweng, sekai: Kgang ya setlhogo: **Mophato wa ntlha mo Aforika Borwa le China**

d Tirwana ya go kwala e barutwana ba tshwanetseng go e dira, sekai: **Thala setshwantsho go bontsha se barutwana ba se dirang kwa China.**

Medumopuo le Puisokaelo ka Ditlhopha

- Diteng tse di sa amaneng le thitokgang ke medumopuo le lenaneo la puisokaelo ka ditlhopha fela.
- Gore o kgone go ithuta go buisa, barutwana ba tshwanetse go rutiwa medumo ya puo ka tatelano, go kopanya le go kgaoganya medumo e.
- Go tsweng foo, ba tshwanetse go ikatisa go buisa mafoko le dikgang ba dirisa kitso ya bona ya medumopuo go dumisa mafoko.

Tlaya re bone gore ke dikgono le diteng dife tse di leng mo lenaaneng la TRN (ATP) ya Mophato 1 Kgweditharo 1:

TSHOBOKANYO YA POELOMAEMONG YA TRN: MOPHATO 1 Kgweditharo 1
GO REETSA LE GO BUA
1 Reetsa ntle le go tsena ba bangwe ganong
2 Opela dipina o bo o di diragatse
3 Reetsa ditaello tse di bonolo (ditirwana tsa ka gale tsa phaposiborutelo) mme o di tsibogele ka tshwanelo.
4 Reetsa le go kgalhegela dikgang, diraeme, maboko le dipina, o bo o diragatse karolo ya kgang, pina kgotsa raeme
5 Araba dipotso tse di botsang ka ga gago ka botlalo
6 Tlhomaganya ditshwantsho tsa kgang ka go tlhaeletsana ka go boeletsa tatelano ya dikakanyo
7 Tlotla ka ditshwantsho go tswa mo diphousetareng, ditshate tsa thitokgang, dibuka, jj.
8 Tsaya karolo mo dipuisanong, o refosane go bua mme o tlotle ba bangwe mo setlhopheng
9 Tlhalosa dilo go ya ka mmala, bogolo, popego le bokanakang o dirise tlotlofoko e e nepagetseng
10 O lemoga dilo tse di tshwanang letse di farologaneng a dirisa tlotlofoko e e nepagetseng.
11 O tlhopha ntlha go tswa mo tlhalosong ya molomo.
12 O dira maboko le diraeme ka go di diragatsa
13 O bua ka maitemogelo a gagwe
14 O tlhopha dilo ka tsela ya gagwe
15 O reetsa mathata mme o naya ditharabololo.
16 O reetsa dintlha tsa kgang mme o araba dipotso tsa kakanyo

MEDUMOPUO

Ntlha go morutabana:

- Netefatsa gore o aga le go kgaoganya mafoko:
 - Ka kutlo (temogo ya medumopuo)
 - Ka kutlo le ka pono (medumopuo)

- 1 O tsaya karolo mo ditirwaneng tsa molomo tsa temogo ya medumopuo ka mo phaposing
- 2 O lemoga medumo ya mafoko ka kutlo.
- 3 O kgaoganya dipolelo tsa molomo ka mafoko
- 4 O simolola go lemoga gore mafoko a bopiwa ke medumo
- 5 O lemoga medumo kwa tshimologong ya mafoko a mangwe.
- 6 O kgaoganya mafoko a dinokontsi ka dinoko
- 7 O lemoga mafoko a a rumang mo diraemeng le dipina tse a di itseng
- 8 O lemoga kamano ya ditlhaka le medumo ya ditlhakanosi dingwe.
- 9 O simolola go bopa mafoko a dirisa medumo e a ithutileng yona
- 10 O simolola go kopanya medumo go bopa mafoko
- 11 O lemoga le go buisa
 - a Ditlhaka dingwe tsa alefabeto – ditlhaka tsa leina la gagwe, ditumanosi tse 2 le ditumammogo tse 6

MOKWALO

Ikeetletso:

- 1 Tshameka diraeme tsa monwana ka go diragatsa ka menwana
- 2 O tshameka motshameko wa go tshwara a dirisa dikgetsana tsa dinawa le dibolo tse dikgolo
- 3 O tlhabolola tiriso ya seatla le leitlho ka go penta, go gagola pampiri, go sega le ditirwana tsa go gatelela
- 4 O thala dipaterone: tsa manyokenyoke le tsa go ya kwa godimo le kwa tlase
- 5 O gatelela dipaterone tsa ditshwantsho tse di bonolo
- 6 Ba bopa ditlhaka ka mebele ya bona ka bobedi kgotsa ka bobona
- 7 Ba bopa ditlhaka ba dirisa dipente tsa menwana, le diboratshe le dikherayone tsa mafura
- 8 O tshwara kherayone ka nepagalo le go thala ka tsona
- 9 O godisa go supetsa
- 10 O dira tege ya go tshameka go bopa ditlhaka le didiriswa
- 11 O gatelela leina la gagwe go tswa mo tshimologong go ya ka dikaelo
- 12 O gatelela le go kopolola leina la gagwe

Kgweditsharo 1:

- 1 O ikatisa go tshwara dikherayone le pensele
- 2 O bopa ditlhakanyane ka nepagalo a dirisa dikaelo tse di maleba
- 3 O kopolola mafoko a makhutshwane le dipolelo go tswa mo ditlankaneng, diphousetara le patitshoko

PUISOKAELO KA DITLHOPHA

Ntlha go morutabana:

- Baya barutwana ka ditlhopho tsa bokgoni jwa bona jwa go buisa.
- Tlhopho ditlhangwa/dibuka tsa maemo a a nepagetseng a setlhopho.
- Reetsa mongwe le mongwe wa setlhopho a buisa ka nosi mme o ba kaele fa ba ntse ba buisa.

- 1 Buisetsa kwa godimo go tswa mo bukeng ya gago mo setlhopheng sa puisokaelo le morutabana, ke gore, setlhopho sotlhe se buisa kgang e e tshwanang
- 2 O dumisa mafoko
- 3 Simolola go aga tlotlofoko

PUISO KA NOSI

- 1 O buisa buka ya ditshwantsho
- 2 O buisa dibuka ka nosi go itumedisa, o phetlholola buka ka nepagalo e bile o a ditlhompha

PUISOKOPANELO

Iketleetso, dikgono tsa puiso tse di simololang:

- 1 Tshwara buka sentle e tlhamaletse o be o phutholole ditsebe ka nepagalo
 - 2 Tlhabolola/godisa dikgopolo tsa motheo tsa mokwalo
 - 3 Tshupontlha – simolola go buisa fa pele o bo o feleletse kwa morago, buisa go tloga mo molemeng go ya kwa mojeng, le go tswa kwa godimo go ya kwa tlase ga tsebe ya buka
 - 4 Ranola ditshwantsho go ipopela kgang ya gago, ke gore, o 'buisse' ditshwantsho
 - 5 O amanya medumo le ditlhaka le mafoko
 - 6 O dira puisano ka tlhokomelo ya buka
 - 7 O simolola go lemoga gore mafoko a diriwa ke medumo
 - 8 O buisa bukakgole le dibuka tse dingwe tse di godisitsweng ka mo phaposeng le morutabana
 - 9 O tsepama mo dithutong tsa go gatisa
- MOPHATO: 1*
- 10 O dirisa bokafantle le ditshwantsho tsa buka go dira ponelopele
 - 11 O tsepame mo dikarolong tsa puo, go tlhaloganya le dipaterone tsa puo

GO KWALA

Ntlha go morutabana:

- *Dirisa ditirwana tsa go kwala ga kopanelo go diragatsa thulaganyo ya go kwala (go rulaganya, kwalo ya ntlha le phasalatso).*
- *Naya letlhomeso la go kwala go thusa barutwana go kwala dikgang tsa bona.*

- 1 O tlhopha ditshwantsho tsa mafoko a a rumang
- 2 O kopolola ditlhaka le dipalo go tswa ka mo phaposeng fa a kwala
- 3 O nnaya dikakanyo tsa go kwala ga kopanelo ya kgang ya ka mo phaposeng, e e diriwang ke morutabana go tlhama ditlhangwa tse dintshwa tsa go buisa
- 4 **O feleletsa ditiro tsa go kwala, go akaretsa go rulaganya, kwalo ya ntlha le phasalatso:**
- 5 O thala ditshwantsho go romela molaetsa ka maitemogelo a gagwe mme o kwala le setlhogo
- 6 Kopolola le go kwala leina la gagwe, polelo e le nngwe ya dikgang go tswa mo patitshokong/tshateng ka nepagalo le kwalo ya morutabana
- 7 O kopolola polelo e le nngwe ya dikgang go tswa mo patitshokong ka nepagalo

Dira tsamaiso ya ka metlha go ithuta puo

- Tsela e e siameng ya go netefatsa gore o dirisa nako ka nepagalo le go dira dikgono tsotlhe tsa TRN, ke go dira tsamaiso ya ka metlha ya go ithuta puo.
- Fa tlase ke tsamaiso ya beke le beke e e akantshitsweng mme e ka dirisiwa mo tshekong ya dibeke di le pedi.
 - Tsamaiso ya beke le beke e dirisa BONNYE JWA NAKO ya Puo ya Gae (7 diura)
 - Tsamaiso ya beke le beke e lekanyeditswe go dirisiwa mo mephatong yotlhe.

Tsamaiso ya beke le beke e akantshitsweng ya Kgato ya Motheo ya Puo ya Gae

DIKHUTSHWAFATSO: R&B: Reetsa le go Bua, P&M: Puiso le Medumopuo, M: Mokwalo, GK: Go kwala

LETSATSI	KAROLWANA	TIRWANA	NAKO: PALOGOTLHE	NAKO: R&B	NAKO: P&M	NAKO: M	NAKO: GK
Mosupologo	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
	MOKWALO	Tlhatlho e e sa tlhomamang	30 metsotso		30 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso	15 metsotso			
	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	30 metsotso				30 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso	30 metsotso			
Labobedi	PUISO LE MEDUMOPUO	Ruta modumo o montšhwa le mafoko	15 metsotso	15 metsotso			
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	15 metsotso		15 metsotso		
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso	30 metsotso			
	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
Laboraro	PUISO LE MEDUMOPUO	Ruta modumo o montšhwa le mafoko	15 metsotso		15 metsotso		
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	15 metsotso			15 metsotso	
	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala	15 metsotso				15 metsotso
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso	30 metsotso			
	PUISO LE MEDUMOPUO	Katso ya medumopuo	15 metsotso	15 metsotso			
Labone	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso	30 metsotso			
	GO REETSA LE GO BUA	Ditirwana tsa molomo	15 metsotso	15 metsotso			
Labotlhano	PUISO LE MEDUMOPUO	Katso ya medumopuo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Puisokopanelo	15 metsotso	15 metsotso			
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso	30 metsotso			
	PUISO LE MEDUMOPUO	Puisokaelo ka ditlhopho	30 metsotso	30 metsotso			
			7 diura	45 metsotso	4 diura	1 ura	45 metsotso

A o kgona go bona gore kabo ya nako ya karolwana nngwe le nngwe e nepagetse?

Ditirwana tse di akantshitsweng tsa Kgato ya Motheo ya Puo ya Gae (e bua ka ditlhokego tsa TRN/ATP)

- Gonne bontsi jo bo tshwanang ba dikgono bo tshwanetse go godisiwa, e ka nna kakanyo e ntle go dira ditirwana tse di tshwanang beke nngwe le nngwe.
 - Netefatsa gore o dira dikgono tsotlhe tse di tlhokegang go ya ka TRN(ATP).
 - E dira gape gore go ruta le go ithuta go diriwe sentle gonne fa wena le barutwana le setse le tlwaetse ditirwana tse, ga o senye nako ka go tlhalosa.
- Thulaganyo e e fa tlase e akantsha ditirwana tsa ka metlha tse o ka di dirang beke nngwe le nngwe go wetsa ditlhokego tsa TRN(ATP)
- Fa e le gore go na le dikgono tse di kgethegileng kgotsa thuto e e tshwanetseng go diriwa (go ya ka ATP) tsotlhe tse di latelang di tshwanetse go akarediwa.
- Ela tlhoko: Barutabana ba tshwanetse go dirisa ditirwana tsa Bukatiro ya DBE fa go tshwanela.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> • Itsise thitokgang • Ruta mafoko a 3 a tlotlofoko ya thitokgang • Ruta pina kgotsa raeme
	MOKWALO	Tlhatlhobo e e sa tlhomamang	<ul style="list-style-type: none"> • Naya barutwana tlhatlhobo e e sa tlhomamang go bona fa ba gopola medumo le mafoko a a rutilweng. • Gape lekola mokwalo – go bopa tlhaka, ditlhakakgolo le diphatlha mo gare ga mafoko.
	PUISO & MEDUMOPUO	Puisokopanelo PELE GA PUIISO	<ul style="list-style-type: none"> • Puiso ya pele • Bontsha barutwana ditshwantsho tsa kgang. • Ba kope go bua se se diragalang. • Ba kope go dira ponelopele.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Mosupologo	GO KWALA	Go kwala ga kopanelo le thulaganyo ya go kwala: GO RULAGANYA	<ul style="list-style-type: none"> • Bolelela barutwana setlhogo sa go kwala. • Bolelela barutwana tiro ya go kwala e o e tlhophileng sekai.: <ul style="list-style-type: none"> • a Thala ditshwantsho go fetisa molaetsa ka maitemogelo a gagwe le go kwala setlhogo • O kopolola le go kwala leina la gagwe, mafoko a makhutshwane le dipolelo go tswa mo diphosetareng, patitšhokong le kwalo ya morutabana • O kopolola polelo e le nngwe ya dikgang tsa gagwe go tswa mo patitšhokong ka nepagalo • Bontsha barutwana gore ba RULAGANYE go kwala ga bona jang ka go thala setshwantsho le go oketsa ka lefoko. • Kopa dikakanyo tsa go rulaganya (Go kwala ga kopanelo) • Bolelela barutwana go feleletsa dithulaganyo tsa bona (ba seka ba kopisa) • Mo nakong, kwala letlhomeso la kwalo ya ntlha mo, patitšhokong mme o bontshe barutwana gore o le tlatsa jang (Go kwala ga kopanelo) Tlogela polelo ya letlhomeso mo mme o bolelele barutwana go kwala polelo ya bona mo patitšhokong
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha 2 DITLHOPHA X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhopha. • Naya setlhopha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labobedi	PUISO & MEDUMOPUO	Ruta modumo o montšhwa le mafoko	<ul style="list-style-type: none"> • Dira ka go latela lenaneo la medumopuo ya puo ya gago. • Dira ditirwana tse di farologaneng tsa temogo ya medumopuo, sekao.: • O lemoga medumo e e farologaneng ya mafoko ka kutlo • O lemoga modumo kwa tshimologong ya mafoko a mangwe • Ba bontshe gore ba kgaoganye le go kopanya mafoko jang. (simolola ka mafoko a ditlhaka tse 3 a a dirisang medumo e e sa pataganang.) • Ba rute go buisa mafoko a a dirisang modumo o montshwa le medumo e e rutilweng, e e fetileng (mafoko a a dumisegang) • Ba bontshe go bopa mafoko a makhutshwane • Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	<ul style="list-style-type: none"> • Ke kakanyo e e siameng go bapisa mokwalo le medumopuo. • Ruta barutwana go kwala tlhaka e ba ithutileng yona(tlhakanye) • Ruta barutwana gore o kwala jang lefoko o dirisa modumo • Ruta barutwana go kopolola polelo e khutshwane, e e dirisang modumo o o rutilweng le mafoko • Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka. • Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA NTLHA	<ul style="list-style-type: none"> • Puiso ya ntlha • Buisetsa barutwana kgang ka thelelo le ka maikutlo. • Ema go tlhalosa fa go tlhokega. • Ba lemose le go ba tlhalosetsa dikarolo tsa puo, go akaretsa: <ul style="list-style-type: none"> a Ditlhakakgolo b Dikhutlo c Diphegelwana d Matshwao a potso. • Morago ga puiso, botsa mefuta e e latelang ya dipotso: <ul style="list-style-type: none"> a Gopola(mang, kae, leng, eng, jj)Tatelano (eng, go diragetse eng pele, ga latela eng, lwa bofelo

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labobedi	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) • Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) • Boeletsa medumopuo le mafoko a pono le setlhopha. • Naya setlhopha setlhangwa sa maemo a bona. • Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> • Ruta mafoko a tlotlofoko ya thitokgang a 3 • Opela pina kgotsa bua raeme • Dira tirwana ya molomo e nngwe sekao: <ul style="list-style-type: none"> a Dikgang – kopa barutwana ba 2 go abelana ka dikgang. b Kanelokgang ya boitlhamedi – Kopa barutwana go itlhamela dikgang mme ba abelane le molekane. c Tlhopha dilo d Lemoga didiriswa ka ditlhaloso e Lemoga dilo tse di tshwanang le tse di farologaneng
	PUISO & MEDUMOPUO	Ruta modumo o montšhwa le mafoko	<ul style="list-style-type: none"> • Dira ka go latela lenaneo la medumopuo ya puo ya gago. • Dira ditirwana tsa temogo ya medumopuo tse di farologaneng, sekao: <ul style="list-style-type: none"> a Lemoga medumo e e farologaneng ya mafoko ka kutlo b Lemoga medumo kwa tshimologong ya mafoko a mangwe • Ruta barutwana go buisa modumo o montšhwa. • Dira ditirwana tsa temogo ya medumopuo tse di farologaneng, sekao: <ul style="list-style-type: none"> a Lemoga medumo e e farologaneng ya mafoko ka kutlo b Lemoga medumo kwa tshimologong ya mafoko a mangwe • Ba rute go buisa mafoko a a nang le modumo o montšhwa le medumo e e rutilweng (mafoko a a dumisegang) • Ba bontshe gore ba kgaoganye le go kopanya mafoko jang. (simolola ka mafoko a ditlhaka tse 3 tse di dirisang medumo e e sa pataganang.) • Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Laboraro	MOKWALO	Ruta tlhaka e ntšhwa le mafoko	<ul style="list-style-type: none"> Ke kakanyo e e siameng go bapisa mokwalo le medumopuo. Ruta barutwana go kwala tlhaka e ba ithutileng yona (tlhakanye) Ruta barutwana gore ba kwala jang mafoko a a dirisang modumo Ruta barutwana go kopolola polelo e khutshwane e e dirisang medumo e e rutilweng le mafoko. Ruta barutwana go bopa dipalo ka nepagalo. Siamisa mokgwa o barutwana ba tshwarang diphensele ka teng, go nna, go bopa tlhaka, go tlogela diphatlha mo magareng le bogolo ba ditlhaka. Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	GO KWALA (Tsheko ya beke 1)	Go kwala ga kopanelo le thulaganyo ya go kwala KWALO YA NTLHA	<ul style="list-style-type: none"> Gopotsa barutwana ka tiro ya go kwala. Thala setshwantsho go romela molaetsa wa maitemogelo a gagwe le go kwala setlhago O kopolola le go kwala leina la gagwe, mafoko a makhutshwane le dipolelo go tswa mo diphousetareng, patitshokong le kwalo ya morutabana O kopolola polelo e le nngwe ya dikgang tsa gagwe go tswa mo patitshokong ka nepagalo Kwala thulaganyo ya gago le kwalo ya ntlha ya Mosupologo mo patitshokong Kwala thulaganyo ya gago le polelo ya ntlha mo patitshokong. Bontsha barutwana go dira KWALO YA NTLHA (go kwala ga kopanelo) Bolelela barutwana go dirisa thulaganyo ya bona le letlhomeso la tiro go kwala dira polelo ya bona ya ntlha. Mo nakong, kwala letlhomeso la kwalo ya ntlha mo patitshokong, mme o bontshe barutwana gore o le tlatsa jang (Go kwala ga kopanelo) Tlogela polelo ya letlhomeso mo patitshokong mme o bolelele barutwana go kwala polelo ya bona
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopho DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) Bitsa setlhotshwana go dira le wena (setlhopho sa bokgoni jo bo tshwanang) Boeletsa medumopuo le mafoko a pono le setlhopho. Naya setlhopho setlhangwa sa maemo a bona. Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labone	PUISO & MEDUMOPUO	Katiso ya medumopuo	<ul style="list-style-type: none"> Boeletsa medumo e mebedi e e rutilweng ka Labobedi le Laboraro. Dira tirwana ya medumopuo le barutwana botlhe sekai.: <ul style="list-style-type: none"> a Kopanya medumo go dira mafoko b Kgaoganya mafoko ka medumo. c Kgaoganya mafoko ka dinoko d Baya mafoko a a tsamayang mmogo ka medumo e Baya mafoko a a tsamayang mmogo ka setlhopha. f Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA BOBEDI	<ul style="list-style-type: none"> Puiso ya bobedi Buisetsa barutwana kgang ka thelelo le maikutlo. Morago ga puiso, botsa dipotso tse di akaretsang: <ul style="list-style-type: none"> a Gopola (mang, kae, leng, eng, jj) b Tatelano (go diragetse eng pele, ga latela eng, lwa bofelo) Kopa barutwana go itlhamela dipotso tsa bona ka setlhangwa, mme ba botse molekane.
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puisio ka bobedi kgotsa ka nosi) Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) Boeletsa medumopuo le mafoko a pono le setlhopha. Naya setlhopha setlhangwa sa maemo a bona. Reetsa morutwana mongwe le mongwe a buisa ka nosi.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	GO REETSA LE GO BUA	Ditirwana tsa molomo	<ul style="list-style-type: none"> Ruta mafoko a 3 a tlotlofoko ya thitokgang. Opela pina kgotsa o bue raeme. Dira tirwana ya molomo e nngwe sekai: <ul style="list-style-type: none"> a Baya barutwana ka ditlhopha go buisana ka setlhangwa, ba dirisa letlhomeso (Ke rata... / Ga ke a rata... / Ke akanya gore setlhangwa se se kwaletswe go...) b Kanelokgang ya boitlhamelo – Kopa barutwana go dira ka ditlhopha mme batle ka kgang e le nngwe ya thitokgang.

LETSATSI	KAROLWANA	TIRWANA	DITIRWANA TSE DI AKANTSHITSWENG
Labotlhano	PUISO & MEDUMOPUO	Katiso ya medumopuo	<ul style="list-style-type: none"> Boeletsa medumo e mebedi e e dirilweng ka Labobedi le Laboraro mmogo le medumo e mengwe e e rutilweng mo kgweditharong e. Dira tirwana ya medumopuo le barutwana botlhe sekai.: <ul style="list-style-type: none"> a Kopanya medumo go dira mafoko. b Kgaoganya mafoko ka medumo. c Aga mafoko o dirisa medumo d Kgaoganya mafoko ka medumo e Dira ditirwana tse di tshwanetseng tsa Bukatiro ya DBE.
	PUISO & MEDUMOPUO	Puisokopanelo PUISO YA MORAGO	<ul style="list-style-type: none"> Puiso ya morago Dira tirwana e e tla go akanyisang ka kgang mo go tseneletseng sekai: <ul style="list-style-type: none"> a Botsaya karolo – baya barutwana ka ditlhopha go diragatsa kgang. b Anela kgang le molekane – mongwe le mongwe mo setlhopheng o anela karolo ya kgang ka tatelano e e nepagetseng. c Tshobokanyo – morutwana mongwe le mongwe o bolelela molekane ka dipolelo tse 2–3 gore kgang e ne e bua ka ga eng. d Thala setshwantsho ka ga kgang mme o kwale setlhogo/ lefoko.
	PUISO & MEDUMOPUO	Puisokaelo ka ditlhopha DITLHOPHA 2 X 15 METSOTSO SETLHOPHA SENGWE LE SENGWE	<ul style="list-style-type: none"> Baya barutwana mo maemong a a siameng ka go dira medumopuo kgotsa tirwana ya go buisa (puiso ka bobedi kgotsa ka nosi) Buisa go tswa mo ditlhangweng kgotsa mo Bukatirong ya DBE. Bitsa setlhotshwana go dira le wena (setlhopha sa bokgoni jo bo tshwanang) Boeletsa medumopuo le mafoko a pono le setlhopha. Naya setlhopha setlhangwa sa maemo a bona. Reetsa morutwana mongwe le mongwe a buisa ka nosi.

A o lemogile gore mo karolwaneng nngwe le nngwe, tsamaiso ya ka metlha e a dirisiwa? Bona fa e le gore o lemogile tsamaiso ya ka metlha e e akareditsweng:

DITIRWANA TSA MOLOMO

Mosupologo: Itsise thitokgang, ruta tlotlofoko, ruta pina kgotsa raeme

Laboraro: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

Labotlhano: Ruta tlotlofoko, opela pina kgotsa raeme, dira tirwana e nngwe.

MEDUMOPUO & MOKWALO

Mosupologo: Dira tlhatlhobo e e sa tlhomamang go lekola kitso ya medumopuo le mokwalo.

Labobedi: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Laboraro: Ruta medumo e mentšhwa le mafoko; ruta gore o kwala jang ditlhaka le mafoko.

Labone: Dira tirwana ya go ikatisetsa go dirisa medumopuo.

Labotlhano: Dira tirwana ya go ikatisetsa go dirisa medumopuo e e rutilweng.

PUISOKOPANELO

Mosupologo: Pele ga puiso

Labobedi: Puiso ya ntlha

Labone: Puiso ya bobedi

Labotlhano: Morago ga puiso

GO KWALA

Beke 1 Mosupologo: Go rulaganya le kwalo ya ntlha.

Beke 1 Laboraro: Kwalo ya ntlha

A se se go naya tlhaloganyo? Ke diphetogo dife tse o neng o ka di dira?



Medumopuo le Puisokaelo ka ditlhopha



Jaaka morutabana wa kgato ya motheo, maikarabelo a mangwe a gago ke go netefatsa gore barutwana botlhe ba kgona go buisa!

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta medumopuo ke:

1 Go netefatsa gore o na le lenaneo la medumopuo le le feletseng, le akaretsa medumo yotlhe ya puo ya gago.

- Lenaneo la medumopuo ya Puo ya gae ya Setswana la NECT le neetswe fa tlase – lokologa go le dirisa kgotsa go dirisa lenaneo la medumopuo lengwe le lengwe le le rulagantsweng ke porofense, kgaolo kgotsa sekolo sa gago.

2 Dirisa lenaneo la medumopuo la gago ka tatelano. Modumo mongwe le mongwe:

- Netefatsa gore barutwana ba utlwa modumo mme ba lemoga modumo mo mafokong.
- Ruta barutwana kamano ya tlhaka le modumo – gore modumo o lebega jang.
- Ba ikatisetse go kopanya medumo le medumo e mengwe e ba e itseng go dira mafoko.
- Buisa setlhangwa se se akaretsang mafoko a a dirisang modumo.
- Boeletsa medumo yotlhe e e rutiwang ka metlha.

Dikaedi dingwe tse di botlhokwa tse o tshwanetseng go di latela go ruta go buisa ke:

- 1** Rulaganya barutwana ka bokgoni jwa go buisa jo bo tshwanang.
- 2** Bitsa setlhopha sengwe le sengwe go go buisetsa bonnye gangwe mo bekeng.
- 3** Leka go reetsa barutwana ba ba kgaratlhang ba buisa gabedi kgotsa ga raro mo bekeng.
- 4** Dirisa setlhangwa sa maemo a a tshwanetseng – ka ditlhopha tse dingwe, o ka tshwanelwa ke go dira poeletso ya medumo le go aga mafoko.
- 5** Fa o dira le setlhopha, reetsa morutwana mongwe le mongwe a buisa ka nosi.
- 6** Ruta barutwana go dumisa mafoko a ba sa a itseng ka metlha – fa morutwana a fitlhela lefoko le a palelwang ke go le buisa, ba thuse go le dumisa. O seka wa le tlola kgotsa wa bitsa morutwana yo mongwe go le buisa.
- 7** Ka nako ya puisokaelo ka ditlhopha, naya barutwana ka bobedi go dira ditirwana tsa puiso mmogo fa o dira le setlhopha se se nnye.



Lenaneo la Medumopuo: Puo ya Gae Setswana

- Go botlhokwa go ruta barutwana medumo yotlhe ya puo ka tatelano.
- Medumo e e rutiwang mo lenaneong la medumopuo ya Setswana la NECT e neetswe fa tlase, lokologa go dirisa se jaaka kaedi.

Ela tlhoko:

- ATP ya Mophato 1 Kgweditharo 1 e tlhalosa gore barutwana ba tshwanetse go itse
 - Medumo ya maina a bona
 - Bonnye ditumanosi tse 2
 - Bonnye ditumammogo tse 5
- Leka go netefatsa gore barutwana ba gago ba itse medumo e.

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
a				
m				
o	o-m-a = oma			
b	a-b-a = aba	o-b-a = oba	o-b-a-m-a = obama	
l	l-a-l-a = lala	l-o-m-a = loma	l-o-b-a = loba	
e	e-m-a = ema	e-l-e-l-a = elela	e-b-o-l-a = ebola	
n	n-o-n-a = nona	n-a-m-a = nama	n-a-n-a-b-e-l-a = nanabela	
i	i-l-a = ila	i-n-a = ina	i-n-a-m-a = inama	
r	r-e-m-a = rema	r-o-m-a = roma	r-o-b-a = roba	
u	u-b-a = uba	u-r-a = ura	u-t-o-l-o-l-a = utolola	
t	t-u-m-a = tuma	t-e-m-o = temo	t-i-l-a = tila	
d	d-u-m-a = duma	d-i-r-a = dira	d-u-b-a = duba	
f	f-o-f-a = fofa	f-a-l-a = fala	f-e-l-a = fela	
g	g-o-g-a = goga	g-o-l-a = gola	g-a-m-a = gama	
h	h-e-m-a = hema	h-u-m-a = huma	h-u-m-a-n-e-g-a = humanega	
j	j-a-l-a = jala	j-e-l-a = jela	j-a-r-a = jara	
k	k-o-b-a = koba	k-i-k-a = kika	k-o-k-o-n-a = kokona	
p	p-i-n-a = pina	p-i-l-o = pilo	p-a-l-a = pala	
s	s-e-l-a = sela	s-e-l-o = selo	s-e-b-a = seba	
w	w-a = wa	w-e-n-a = wena	w-e-l-a = wela	
y	y-a = ya	y-o-n-a = yona	y-o-l-e = yole	
š	š-a = ša	š-a-b-a = šaba	š-a-p-a = šapa	
kh	kh-u-d-u = khudu	kh-i-b-a = khiba	kh-a-i = khai	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
ts	ts-a-l-a = tsala	ts-o-m-a = tsoma	ts-e-b-e = tsebe	
mm	mm-e = mme	mm-o-p-a = mmopa	mm-a-p-a = mmapa	
nn	nn-a = nna	nn-a-k-e = nnake	nn-a-y-a = nnaya	
th	th-a-b-a = thaba	th-u-m-a = thuma	th-i-b-a = thiba	
ph	ph-a-l-a = phala	ph-a-k-a = phaka	ph-i-r-i = phiri	
tl	tl-o-l-a = tlola	tl-o-tl-a = tlotla	tl-a-m-a = tlama	
kg	kg-a-o-l-a = kgaola	kg-o-r-a = kgora	kg-a-m-a = kgama	
ng	ng-a-p-a = ngapa	ng-a-l-a = ngala	ng-a-t-a = ngata	
nt	nt-a = nta	nt-i-m-a = ntima	nt-o-m-a = ntoma	
ny	ny-a-l-a = nyala	ny-a-t-s-a = nyatsa	ny-e-l-e-l-a = nyelela	
kw	kw-a-l-a = kwala	kw-e-n-a = kwena	kw-a-d-i-s-a = kwadisa	
sw	sw-e-l-a = swela	sw-a = swa	sw-e-ts-e = swetse	
nw	nw-e-l-a = nwela	nw-e-l-e-l-a = nwelela	nw-e-l-e = nwele	
mp	mp-a = mpa	mp-o-n-a = mpona	mp-o-g-i-s-a = mpogisa	
tsh	tsh-i-p-i = tshipi	tsh-a-b-a = tshaba	tsh-i-m-o = tshimo	
ntsh	ntsh-o = ntsho	ntsh-a = ntsha	ntsh-a-b-a = ntshaba	
gw	gw-a-m-a = gwama	gw-a-m-i-s-a = gwamisa	s-e-gw-a-p-a = segwapa	
tshw	tshw-a-r-a = tshwara	tshw-a-n-a = tshwana	tshw-e-n-e = tshwene	
tlh	tlh-a-p-a = tlhapa	tlh-o-k-a = tlhoka	tlh-o-l-a = tlhola	
tsw	tsw-a-l-a = tswala	tsw-i-n-e = tswine	tsw-a-l-e-l-a = tswalela	
rr	rr-e = rre	rr-a-m-e-tl-a-e = rrametlae	rr-e-m-o-g-o-l-o = rremogolo	
tšh	tšh-o-k-o-l-e-t-e = tšhokolete	tšh-i-s-i = tšhisi	tšh-o-tl-h-o = tšhotlho	
ntšhw	ntšhw-a = ntšhwa	ntšhw-a-f-a-ts-a = ntšhwafatsa	ntšhw-a-f-a-l-e-ts-a = ntšhwafaletsa	
aa	m-aa-n-o = maano	m-aa-k-a = maaka	m-aa-tl-a = maatla	
oo	m-oo-k-i = mooki	l-oo-k-w-a-n-e = lookwane	m-oo-n-o = moonoo	
ii	t-ii-l-e = tiile	s-ii-l-w-e = siilwe	d-ii-l-w-e = diilwe	
ee	f-ee-l-a = feela	s-ee-l-ee-l-e = seelele	s-ee-m-o = seemo	
rw	rw-a-l-a = rwala	m-o-rw-a-l-o = morwalo	m-o-rw-a = morwa	
ngw	ngw-e-d-i = ngwedi	ngw-a-y-a = ngwaya	ngw-a-n-a = ngwana	
mph	Mph-o = Mpho	mph-a-l-a = mphala	mph-o-d-i-s-a = mphodisa	
tlw	tlw-a-e-l-a = tlwaela	mm-u-tlw-a = mmutlwa	tlw-a-e-ts-e = tlwaetse	

MODUMOPUO WA SETSWANA				TEKOLO
MODUMOPUO	MAFOKO A A DUMISEGANG			
ntlh	ntlh-o-k-a = ntlhoka	ntlh-o-r-i-s-a = ntlhorisa	ntlh-a-p-a-o-l-a = ntlhapaola	
nk	nk-u = nku	nk-o-nk-o = nkonko	m-o-nk-o = monko	
uu	t-uu! = tuu!	th-uu! = thuu!	m-uu! = muu!	
ntl	ntl-o-n-g = ntlong	s-e-a-ntl-o = seantlo	ntl-a-m-e-l-a-n-g = ntlamelang	
nth	nth-o = ntho	nth-o-m-a = nthoma	nth-o-g-a = nthoga	
nts	nts-o-m-a = ntsoma	nts-o-s-a = ntsosa	nts-i-b-o-s-a = ntsibosa	
nkg	nkg-o-tl-a = nkgotla	nkg-a-tlh-a = nkgatlha	m-o-nkg-o = monkgo	
kgw	kgw-e-d-i = kgwedi	m-o-kgw-a-r-o = mokgwaro	s-e-kgw-a = sekgwa	
ntlw	ntlw-a-n-a = ntlwana	ntlw-a-e-l-a = ntlwaela	d-i-ntlw-a-n-a = dintlwana	
thw	thw-a-l-a = thwala	thw-a-d-i-s-a = thwadisa	s-e-thw-a-l-a = sethwala	
nngw	nngw-e = nngwe	s-e-nngw-a = senngwa	o-m-a-nngw-a = omannngwa	
ntsw	l-e-ntsw-e = lentswe	s-e-ntsw-e = sentswe	ntsw-a-k-e-l-a = ntswakela	
ntšw	ntšw-a = ntšwa	ntšw-a-f-a-ts-a = ntšwafatsa	ntšw-a-n-y-a-n-a = ntšwanyana	
tlhw	tlhw-a-r-e = tlhware	tlhw-a-tlhw-a = tlhwatlhwa	m-o-tlhw-a motlhwa	
lw	lw-a-l-a = lwala	m-o-lw-e-ts-e = molwetse	b-o-j-a-lw-a = bojalwa	
ntw	ntw-a = ntw-a	ntw-e-l-a = ntwela	ntw-a-n-tsh-a = ntwantsha	
nkgw	s-e-nkgw-e = senkgwe	nkgw-a-th-i-s-a = nkgwathisa	nkgw-e-l-a = nkgwela	



Morulaganyi & Letlhomeso la tiro la Mosupatsela

- Morulaganyi wa kharikhulamo le Mosupatsela o o latelang o dirisa tsamaiso e e tlwaelegileng le ditirwana tse di tlhalositsweng mo peleng.

DBE ATP

- Simolola ka dibeke tse 2–3 tsa iketleetso ya sekolo
- Morago ga foo, go na le morulanyi 4 x e e sa kwalelang le mosupatsela, tse o ka di dirisang go rulaganya le go sala morago morago tiro ya kharikhulamo e o e dirileng mo kgweditharong.
- Fa o rata, o ka itirela tsamaiso e e tlwaelegileng ya gago le ditirwana, fela netefatsa gore di amana le CAPS le ATP/TRN
- Jaanong o ka itlhamela Morulaganyi le Mosupatsela wa gago go bona fa o tsamayang teng ka kharikhulamo ya kgweditharo ya 4

Gopola gore Lenaneo le le rulagantsweng la Puo ya Gae Mophato 1–3 la NECT le teng go ka itseelwa mo go: www.nect.org.za

Thitokgang 1:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 2:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 3:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	

Thitokgang 4:

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
KA MOLOMO	TLOTLOFOKO:		TLOTLOFOKO:	
	PINA/RAEME:		PINA/RAEME:	
	DITIRWANA TSE DINGWE:		DITIRWANA TSE DINGWE:	
MEDUMOPUO	MEDUMO:		MEDUMO:	
	DITIRWANA:		DITIRWANA:	
MOKWALO	MODUMO/MEDUMO, MAFOKO LE DIPOLELO:		MODUMO/MEDUMO, MAFOKO LE DIPOLELO:	

Tirwana	Beke 1	Tekolo	Beke 2	Tekolo
PUISOKOPANELO	SETLHANGWA:		SETLHANGWA:	
	DIPOTSO TSA GO TLHALOGANYA:		DIPOTSO TSA GO TLHALOGANYA:	
	TIRWANA YA MORAGO GA PUIISO:		TIRWANA YA MORAGO GA PUIISO:	
GO KWALA	SETLHOGO LE TIRO:		SETLHOGO LE TIRO:	
PUISOKAELO KA DITLHOPHA	DINTLHA:		DINTLHA:	



Lenaneo la tlhatlhobo

Tlhatlhobo ya go ithuta

- **Lenaanetekolo** le le latelang le akaretsa **kgodiso ya dikgono tsa go buisa le go kwala tse di botlhokwa thata** gore barutwana ba gago e nne bo mankge mo kगतong ya motheo.
- Tse ke **dikgono tsa go buisa le go kwala tse di botlhokwa tse barutwana botlhe ba tshwanetseng go nna le tsona** kwa **bofelong jwa Mophato 3**.
- Ga gona tsele ya ka bonako e e bonolo go latela 'Tlhatlhobo ya go lthuta,' kgotsa 'Tlhatlhobo e e Tlhomameng.'
- Go go thusa go dira se ka tsela e e mosola, o ka rata go leka go latela tse di latelang:
 - d** Dira **buka ya tlhatlhobo ya go rekotela** mme o e tshole ka dinako tsotlhe.
 - e** Buka e etshwanetse go tshwaiwa KHUPAMARAMA/SEPHIRI
 - f** Ka mo bukeng e, **nna le karolo ya morutwana mongwe le mongwe**.
 - g** Go ralala letsatsi, **tlhokomela gore morutwana o dira jang** mme o **kwale dintlha ka se o se lemogileng** mabapi le dikgono tse.
- Nna kelotlhoko ka **barutwana ba ba senang tswelopele** mme o **dire le bona** go rarabolola dikgwetlho tsa bona.

Lenaanetekolo: Kgato ya Motheo, Puo ya Gae

DIKGONO TSA TLHALOGANYO	✓
O latela ditsholofelo le ditekanyetso tsa ka mo phaposing	
O laola maikutlo a gagwe	
O dira ka nosi	
O na le tirisano mmogo mo tirong ya setlhopha.	
O tlhoma mogopolo mo go se a se dirang e bile o fetsa ditiro ka nako e e lebeletsweng.	
O gopola le go golaganya dithuto tse di fetileng le tse dintšhwa.	
O simolola le go tshwarelela botsalano jo bo siameng.	
O a tswelela mo dikgwetlhong – ga a ineele	
GO REETSA LE GO BUJA	✓
O a gola mme o dirisa tlotlofoko e e kwa godimo, e e oketsegang.	
O latela ditshupetso	
O botsa dipotso	
O araba dipotso ka tshwanelo a dirisa dipolelo tse di oketsegang tsa maemo a kwa godimo.	
O dirisa dikgono tsa puisano le go buisana ka tshwanelo.	
TEMOGO YA MEDUMOPUO LE MEDUMOPUO	✓
O kgaoganya mafoko ka medumo ya yona ka molomo	
O kopanya medumo go dira mafoko ka molomo	
O lemoga le go buisa medumo yotlhe e rutilweng (o ithuta kamano ya ditlhaka le medumo)	
O aga le go kgaoganya mafoko a a kwadilweng a dirisa medumo e e rutilweng.	

PUIISO	✓
Ka metlha o leka go dumisa mafoko a mantšhwa a dirisa kitso ya tlhaka le modumo.	
O buisa kgang e e mo matlharetirong ka thelelo e e oketsegang le ka nepagalo.	
GO TLHALOGANYA	✓
<i>Mo kgatong ya motheo, dikgono tse di tshwanetse go agiwa ka nako ya puisokopanelo – fa morutabana a buisetsa setlhangwa se se marara kwa godimo.</i>	
O bontsha phisego le kgatlhegelo mo dikgannyeng tsa puisokopanelo.	
O araba dipotso tse di bonolo tse a di gopolang ka nepagalo.	
O naya dikakanyo tse di nang le mabaka mo dipotsong tsa ‘goreng?’	
O dira tshosobanyo ya ditiragalo tse di botlhokwa tsa kgang e e buiseditsweng kwa godimo.	
O dira puisano ka maikaelelo kgotsa molaetsa wa kgang e e buisitsweng.	
O gakologelwa le go golaganya dikgang tse di fetileng le tse dintšhwa.	
MOKWALO	✓
O tshwara phensele le dilwana tsa go kwala ka nepagalo – a dirisa menwana e meraro ya go tshwara.	
O kgona go bopa ditlhaka tse a di rutilweng ka nepagalo e bile di bonagala.	
O kwala ka lebelo le le amogelesegang – o kgona go fetsa ditiro ka nako e e neetsweng.	
GO KWALA	✓
O dirisa go kwala go bua ka dikakanyo tsa gagwe (ga a kopise)	
O kwala ka nosi (o tshola le go dirisa maano a go kwala go fetsa ditiro tsa go kwala)	
O dirisa kitso ya tlhaka le modumo go kwala mafoko (mopeleto wa tlhamo)	
O buisetsa ditsala mokwalo wa gagwe.	

Tlhatlhobo ya go Ithuta

- O ka ithlaphela go **dira tlhatlhobo e e tlhomameng ya gago** (Tiro ya Tlhatlhobo e e Tlhomameng) go ya ka dikaedi tse di neetsweng mo **karolong 4 e e tlabotsweng ya CAPS**.
- Kgotsa o ka dirisa sekai sa **Tiro ya Tlhatlhobo e e Tlhomameng** ya Kgweditharo 1 e e **neetsweng fa tlase**. O ka dirisa sekai se jaaka se ntse kgotsa wa se fetola go se dirisa ka mo phaposing ya gago.
- ‘Karata ya maduo’ e akareditswe moo o ka tsenyang dipholo tsa barutwana tsa tlhatlhobo tsa karolwana nngwe le nngwe ya puo.

Tiriso ya Ruburiki

- Diruburiki tse di latelang di na le ditekanyetsi tsa ditlhalosi di le nne.
- Di bontsha kaedi ya selekanyo sa maemo mangwe le mangwe.
- Godimo ga foo, maduo a tekanyetso ya ditlhalosi a neetswe. Se , se bontshitswe ka mo masakaneng a a fa thoko ga ditlhalosi
- O ka dirisa dikarolwana tse go tlhatlhoba barutwana ba gago ka ditsela tse di farologaneng, go ya ka keletso ya porofense kgotsa kgaolo ya gago. Sekai:
 - O ka ithlaphela go dira maemo a palogare kgotsa selekanyo sa tirwana ya tlhatlhobo.
 - Kgotsa, o ka ithlaphela go naya morutwana mongwe le mongwe maduo.

SEKAI:

- a** Morutabana wa ga Kagiso o beile sefapano mo tekanyetsong ya se a se fitlheletseng.
- b** O bona gore sefapano gantsi se wela ka mo MAEMONG 2 / SELEKANYO 3–4. Fela, o na le MAEMO 1 / SELEKANYO 1–2 maduo. Ka jalo, o mo naya **Selekanyo sa 3**.
- c** Go tsweng foo, o dira maduo a gagwe go ya ka maduo a a tekanyetso nngwe le nngwe. O fitlhelela maduo a 5 go tswa go 14. Fa o a arola ka 2, o fitlhelela **2.5**, e a e fetolelang mo **Selekanyong sa 3**.

RUBRIC	MAEMO 1 SELEKANYO 1–2	MAEMO 2 SELEKANYO 3–4	MAEMO 3 SELEKANYO 5–6	MAEMO 4 SELEKANYO 7
TEKANYETSO 1	Morutwana o anela bonnye jwa kgang ka tatelano e e fosagetseng. (1)	Morutwana o anela bontlhanngwe jwa kgang ka tatelano e e nepagetseng, mme o akaretsa dintlha tse dintsi kgotsa tse dinnye tsa kgang. (2) ✗	Morutwana o anela bontsi jwa kgang ka tatelano e e nepagetseng mme a ka akaretsa dintlha tse dintsi kgotsa tse dinnye tsa kgang. (3)	Morutwana o anela kgang ka tatelano e e nepagetseng le dintlha tse di lekaneng go tlhaloganya kgang. (4–5)
TEKANYETSO 2	Morutwana o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (1)	Morutwana ka dinako dingwe o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (2) ✗	Morutwana o anela kgang ka thelelo mme o ikhutsa ka dinako dingwe le go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (3)	Morutwana o anela kgang ka thelelo le go itshepa, kwantle ga go ikhutsa, go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (4–5)
TEKANYETSO 3	Ga go na pharologano ya segalo le modumo wa lentswe kgotsa morujwana ga a utlwagale. (1) ✗	Morutwana o farologanya segalo le modumo wa lentswe ka dinako dingwe e se ka fa go tshwanetseng. (2)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puisoya gagwe e na le matswela. (3)	Morutwana o farologanya segalo le modumo wa lentswe fa a buisa mme puisoya gagwe e na le matswela a magolo. (4)

Go fetola

- Fetolela maduo a a godimo ga 14 go selekanyo sa 1–7 ka go arola ka 2.

Re solofela fa kaedi e ya tthatlhobo e tla go tswela mosola

- Go botlhokwa go gopola gore ditiro tsa ditlhatlhobo tse le mekgwa ya go bala ke dikakantsho.*
- Ka kopo ikobele melao ya ditlhokego tsa tthatlhobo ya porofense kgotsa kgaolo ya gago.*

Tlhatlho bo ya go lthuta: Karata ya madu o							
Maina a Barutwana	Go reetsa le go bua	Medumopuo	Puiso le Go tthaloganyana	Mokwalo	Go kwala	Gotlhe	
Palo ya Tirwana ya Tlhatlho	1.1	1.2	1.3	1.4	1.5	1.6	
1	O anela ka dikarolokgolo tsa kang e a e itseng, e a e anetsweng kgotsa a e buiseditsweng	O lemoga kamano ya medumo e sa pataganang ya ditlhaka dingwe (ditumanosi le ditumamogo)	O buisetsa buka kwa godimo go ya ka maemo a gagwe a go buisa	O dira ponelopele ya kangang ka go dirisa ditshwantsho, tatlano ya ditiragalo ka tsela e e nepagetseng	O thala setshwantsho go romela molaetsa O kopolola setlhogo le dipolelo	O thala setshwantsho go romela molaetsa O kopolola setlhogo le dipolelo	
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							

Mophato 1 Kgweditharo 1: Sekai sa Tlathhobo e e Tlhomameng

1.1: GO REETSA LE GO BUA/ GO TLHALOGANYA	
MAIKAELELO	<p>O anela kgang e a e itseng</p> <ul style="list-style-type: none"> • Kgang e na le tshimologo, bogare le bokhutlo • Morutwana o anela kgang kwantle ga go okaoka kgotsa go boeletsa
TIRISO	<ul style="list-style-type: none"> • Dira se ka beke 8 le 9 • Dira se nako nngwe le nngwe fa barutwana ba ritibetse ka nako ya puiso ka nosi kgotsa tirwana ya go kwala.
TIRWANA	<p>O anela kgang e a e itseng</p> <ul style="list-style-type: none"> • Tlhalosetsa barutwana gore o tlile go ba bitsa gore ba go tlotlele kgang e ba e ratang. • Tlhalosetsa barutwana gore fa ba go tlotlela kgang e tshwanetse go nna le tshimologo, bogare le bokhutlo. • Gape ba tlhalosetse gore ba tshwanetse go dirisa mantswa a bona gore kgang e kgatlhise. • Kwa bofelong, ba tshwanetse go ikatisetsa go anela kgang gore ba seka ba lebala se ba tshwanetseng go se bua kgotsa go boeletsa se ba se buileng. • Ba neye metsotso e le mmalwa go akanya ka dikgang tsa bona. • Ba letle go lebana go tlotlela molekane kgang. • Gape ba ka thala setshwantsho se se nang le setlhogo ka karolo ya kgang fa o reeditse barutwana ba bangwe. • Tlathhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 1 SELEKANYO 3-4	MAEMO 1 SELEKANYO 5-6	MAEMO 1 SELEKANYO 7
POPEGO LE TATELANO	Murutwana o anela bonnye jwa kgang ka tatelano e e fosagetseng. (1-2)	Murutwana o anela bontlhanngwe jwa kgang ka tatelano e e nepagetseng, mme o akaretsa dintlha tse dintsi kgotsa tse dinnye tsa kgang (3-4)	Murutwana o anela bontsi jwa kgang ka tatelano e e nepagetseng mme a ka akaretsa dintlha tse dintsi kgotsa tse dinnye tsa kgang. (5-6)	Murutwana o anela kgang ka tatelano e e nepagetseng le dintlha tse di lekaneng go tlhaloganya kgang. (7)
THELELO	Murutwana o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana. (1-2)	Murutwana ka dinako dingwe o ikhutsa kgafetsa, wa okaoka le go boeletsa mafoko kgotsa dipolelwana (3-4)	Murutwana o anela kgang ka thelelo mme o ikhutsa ka dinako dingwe le go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana. (5-6)	Murutwana o anela kgang ka thelelo le go itshepa, kwantle ga go ikhutsa, go okaoka kgotsa go boeletsa mafoko kgotsa dipolelwana (7)

1.2: MEDUMOPUO	
MAIKAELELO	<ul style="list-style-type: none"> • O lemoga kamano ya ditlhakanosi ditlhaka dingwe (ditumanosi le ditumammogo)
TIRISO	<ul style="list-style-type: none"> • Dira se mo bekeng ya 8, ka nako ya puisokaelo ka ditlhopha
TIRWANA	<ul style="list-style-type: none"> • Baya barutwana mo maemong a a siameng ka nako ya puiso ka bobedi kgotsa tirwana ya medumopuo • Go na le go bitsa ditlhopha, biletsa barutwana ka bongwe kwa tafoleng ya gago. • Naya barutwana letlhare le le sa kwalelang go le dirisa • Bitsa medumo e 4 e o e rutileng mme o kope barutwana go e kwala • Se se latelang, kwala medumo yotlhe e o e rutileng mo letlhareng mme o supe e le mene gore barutwana ba e buise, • Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 1 SELEKANYO 3-4	MAEMO 1 SELEKANYO 5-6	MAEMO 1 SELEKANYO 7
TEMOGO YA MEDUMO KA KUTLO	Morutwana o kwala ka nepagalo 0 kgotsa 1 ya medumo e 4 . (1-2)	Morutwana o kwala ka nepagalo 2 ya medumo e 4 (3-4)	Morutwana o kwala ka nepagalo 3 ya medumo e 4 (5-6)	Morutwana o kwala ka nepagalo 4 ya medumo e 4 (7)
TEMOGO YA MEDUMO KA KWALO	Morutwana o lemoga medumo e 0 kgotsa 1 ya medumo (1-2)	Morutwana o lemoga medumo e 2 ya medumo e 4 (3-4)	Morutwana o lemoga medumo e 3 ya medumo e 4 (5-6)	Morutwana o lemoga medumo e 4 ya medumo e 4 (7)

1.3: PUISO	
MAIKAELELO	<ul style="list-style-type: none"> O buisetsa kwa godimo go tswa mo bukeng ka bokgoni jwa gagwe jwa go buisa. O dirisa mafoko a pono, medumopuo, ditiragalo le thulaganyo ya go sekaseka dikgono tsa go dumisa mafoko.
TIRISO	<ul style="list-style-type: none"> Se se ka diriwa nako nngwe le nngwe go simolola ka beke 6 go ya go beke 7 Dira se ka nako ya puisokaelo ka ditlhopha
TIRWANA	<ul style="list-style-type: none"> Ka nako ya puisokaelo ka ditlhopha, bitsa morutwana mongwe le mongwe wa setlhopha go tla go go buisetsa ka nosi. Morago kopa barutwana go buisetsa kwa godimo go tswa mo setlhangweng sa bokgoni jwa bona jwa go buisa. Netefatsa gore setlhangwa se akaretsa mafoko a a dumisegang. Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
THELELO	Morutwana o a okaoka fa a buisa., o a didimala fa a fitlha mo mafokong ao a sa a itseng kgotsa o a a tlola mme o boeletsa mafoko kgotsa dipolelwana. (1-2)	Morutwana o buisa a ntse a ikhutsa kgotsa a belaela. Morutwana o na le dikarolo tsa puiso tse di mo paledisang go tswelela. (3-4)	Morutwana o buisa a ntse a ikhutsa ka moribo. Morutwana o na le dikgwetlho ka mafoko a a rileng kgotsa popego ya polelo. (5-6)	Morutwana o buisa ka thelelo mme a ikhutsa gongwe. Morutwana o kgona go itshiamisa fa a buisa mafoko a a marara / polelo kgotsa popego ya polelo. (7)
DIKGONO TSA GO DUMISA MAFOKO	Morutwana o tlhoka tshegetso e ntsi ya medumopuo mo go morutabana go buisa lefoko le a sa le itseng. Morutwana o kgaratlhela go kgaoganya mafoko ka dinoko kgotsa medumo. Morutwana o itse mafoko a le mmalwa a pono le a a tlhagelelang kgapetsa. (1-2)	Morutwana o leka go buisa mafoko ao a sa a itseng fela o a kgaratlha. Morutwana o leka go dirisa medumopuo fela o tlhoka tshegetso go tswa go morutabana. Morutwana o itse mangwe a mafoko a pono le a a tlhagelelang kgapetsa. (3-4)	Morutwana o dirisa medumopuo le dinoko go dumisa mafoko ao a sa a itseng fela o tlhoka thuso ka dinako dingwe go kopanya medumo go bopa mafoko. Morutwana o itse mafoko a pono le a a tlhagelelang kgapetsa a le mantsi (5-6)	Morutwana o dirisa medumopuo le dinoko go dumisa mafoko ao a sa a itseng mme o kgona go kopanya medumo go bopa mafoko. Morutwana o itse mafoko a pono le a a tlhagelelang kgapetsa a a rutilweng otlhe (7)

1.4: GO TLHALOGANYA	
MAIKAELELO	<p>O dira ponelopele a dirisa ditshwantsho</p> <ul style="list-style-type: none"> O dira tatelano ya ditiragalo tse 3 ka nepagalo
TIRISO	<ul style="list-style-type: none"> Se se ka diriwa nako nngwe le nngwe go simolola ka beke 4–7. Dira se fa barutwana ba le mo maemong a a siameng, mme ba dire tirwana ya go kwala.
TIRWANA	<ul style="list-style-type: none"> Dirisa kgang ya puisokopanelo go tswa mo bekeng e e fetileng. Baya barutwana mo maemong a a siameng go fetsa tiro. Go tsweng foo, biletsa barutwana kwa tafoleng ya gago ka bongwe go feleletsatsa tlhatlhobo. Botsa morutwana mongwe le mongwe dipotso tse di latelang: <ul style="list-style-type: none"> Tatelano 1 Go diragetse eng kwa tshimologong ya kgang? 2 Go diragetse eng kwa bofelong ba kgang? 3 Morago go diragetse eng ...? 4 Go diragetse eng la ntlha: ...kgotsa...? Ponelopele 1 Se se latelang, bontsha barutwana ditshwantsho go tswa mo kgannyeng e ba iseng ba e utlwe 2 Go tsweng foo, kopa morutwana go go bolelela se ba akanyang se diragetse mo kgannyeng, go ya ka ditshwantsho Tlhatlhoba morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase.

RUBURIKI	MAEMO 1 SELEKANYO 1–2	MAEMO 2 SELEKANYO 3–4	MAEMO 3 SELEKANYO 5–6	MAEMO 4 SELEKANYO 7
TATELANO	Morutwana o palelwa ke go baya tatelano ya ditiragalo tsa kgang ka nepagalo. (1–2)	Morutwana o kgona go baya tatelano ya ditiragalo tsa kgang ka nepagalo ka tshegetso (3–4)	Morutwana o kgona go baya tatelano ya ditiragalo tsa kgang ka nepagalo fela o tsaya nako. (5–6)	Morutwana o kgona go baya tatelano ya ditiragalo tsa kgang ka bonako le ka nepagalo (7)
PONELOPELE	Morutwana ga a kgone go dira ponelopele e e nepagetseng ka setlhangwa (1–2)	Morutwana o dira ponelopele e e amogelesegang ka setlhangwa mme e nepagetse (3–4)	Morutwana o dira ponelopele e e nang le dintlha tse di amogelesegang ka setlhangwa (5–6)	Morutwana o dira ponelopele e e nang le dintlha tse di nepagetseng ka setlhangwa. (7)

1.5: MOKWALO	
MAIKAELELO	<ul style="list-style-type: none"> O kwala ditlhakanye ka nepagalo
TIRISO	<ul style="list-style-type: none"> Dira se ka thuto ya mokwalo ka mosupologo ka beke ya 8
TIRWANA	<ul style="list-style-type: none"> Thusa barutwana go baakanya dibuka tsa bona tsa teko, ka go kwala dipalo 1–8 fa thoko ga mothalo o mohibidu Bitsa medumo e 8 e barutwana ba ithutileng yona, mme o ba bolelele gore ba e kwale fa thoko ga palo e e nepagetseng Phutha dibuka tsa barutwana kwa bokhutlong jwa thuto Ela barutwana tlhoko ka nako ya dithuto tsa mokwalo, o lebelele le dibuka tsa go kwala mme o bone fa ba na le dikgwetlho kgotsa tswelopele Tlhatlhoba mokwalo wa morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase

RUBURIKI	MAEMO 1 SELEKANYO 1–2	MAEMO 2 SELEKANYO 3–4	MAEMO 3 SELEKANYO 5–6	MAEMO 4 SELEKANYO 7
GO BOPA DITLHAKA (mo tekong)	Morutwana o kwala ditlhakanye tse 1–2 ka nepagalo (1–2)	Morutwana o kwala ditlhakanye tse 3–4 ka nepagalo. (3–4)	Morutwana o kwala ditlhakanye tse 5–6 ka nepagalo. (5–6)	Morutwana o kwala ditlhakanye tse 7–8 ka nepagalo. (7–8)
GO LEBELELA MOKWALO KA KAKARETSO	Morutwana o palelwa ke go kopolola le go kwala polelo ka nepagalo. Go na le diphoso di le dintsi tsa popego ya ditlhaka le go bula diphatlha mo magareng ga mafoko le ditlhaka ga di lekalekane. Morutwana o kwalela ka bonya. (1–2)	Morutwana o kopolola le go kwala polelo e gantsi e nepagetseng. . Go na le diphoso tsa popego ya ditlhaka le go bula diphatlha mo magareng ga mafoko le ditlhaka ga di lekalekane. Morutwana o kwalela ka bonya. (3–4)	Morutwana o kopolola le go kwala polelo ka nepagalo. Lebelo la morutwana la go kwala le bophepa di ka tokafadiwa.(5–6)	Morutwana o kopolola le go kwala polelo ka nepagalo, ka bophepa le ka lebelo le le siameng. (7)

1.6: GO KWALA	
MAIKAELELO	<ul style="list-style-type: none"> Thala setshwantsho go romela molaetsa Kopisa setlhogo le dipolelo
TIRISO	<ul style="list-style-type: none"> Dira se o dirisa thuto ya go kwala mo bekeng ya 7 kgotsa 8.
TIRWANA	<ul style="list-style-type: none"> Dira tiro ya go kwala e e tlhokang barutwana gore ba thale setshwantsho go romela molaetsa wa bona – e seng se se kopisitsweng go tswa go morutabana, sekao.: sengwe se ba ratang go se dira Go tsweng foo, laela barutwana go kopolola letlhomeso la setlhogo go tswa mo patitshokong, mme ba tlatse ka lefoko le le lengwe la setlhogo, sekao: Ke rata go _____. Phutha dibuka tsa barutwana kwa bofelong jwa tshoko ya go kwala Tlhatlhoba tiro ya morutwana mongwe le mongwe o dirisa ruburiki e e fa tlase

RUBURIKI	MAEMO 1 SELEKANYO 1-2	MAEMO 2 SELEKANYO 3-4	MAEMO 3 SELEKANYO 5-6	MAEMO 4 SELEKANYO 7
SETSHWANTSHO: TLHALOSO LE TLHAMO	Setshwantsho ga se tlhaloganyesega kgotsa ga a itlhamela – o kopisitse sekao sa morutabana (1-2)	Setshwantsho se a tlhaloganyesega e bile o itlhametse sona mme se tswana le sekao sa morutabana (3-4)	Setshwantsho se bonolo go se tlhaloganya, ke sa gagwe e bile o itlhametse sona. (5-6)	Setshwantsho se bonolo go se tlhaloganya, ke sa gagwe e bile o itlhametse sona ka botswerere (7)
SETLHOGO	Morutwana o kgaratlhela go kopolola letlhomeso la setlhogo mme ga a feleletsa setlhogo(1-2)	Morutwana o kgaratlhela go kopolola letlhomeso la setlhogo mme ga a feleletsa setlhogo kgotsa o dira diphoso di le dintsi (3-4)	Morutwana o kopolola letlhomeso la setlhogo le go le fetsa mme o dira diphoso (5-6)	Morutwana o kopolola letlhomeso la setlhogo ka nepagalo le go le fetsa (7)

